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## Heathcare Showdown!

Tune in this Thursday to the Seng Center on KRCX for a discussion between two Highlander staff members on the issue of public healthcare.

Perspectives, page 6

## Weather Affects Ranger Athletics!



Cold weather and wet conditions cause delays. See Sports on page 7.

Need a laugh? Do you like scary movies? Check out the Arts & Culture section on page 4 for movie reviews of *Zombieland* and *Paranormal Activity*.

REGIS UNIVERSITY

# Highlander

a weekly publication

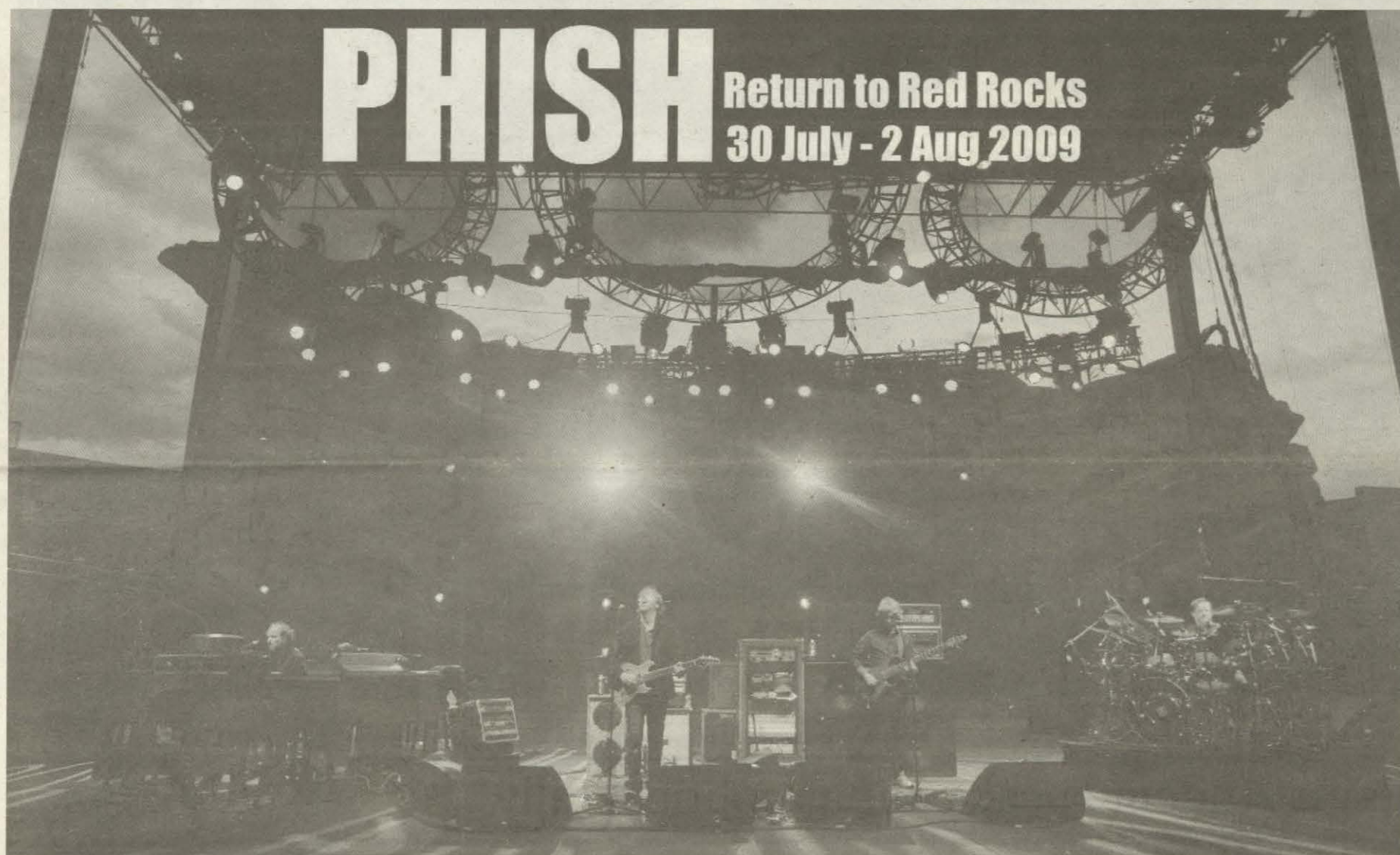


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WEDNESDAY, OCTOBER 14, 2009



Brett Stakelin  
Photo Editor

Spring, 2009, I get the word that I thought I'd never hear, that Vermont's jam band Phish was reuniting. Their city of choice was Hampton, VA, and it wasn't exactly a feasible road trip at the time, so I wished and waited for a tour to be announced. Not only was there a tour, but a tour passing through one of the most unique concert venues I have ever visited: Red Rocks Amphitheatre.

July 30, 2009, just two days after my birthday I received the birthday present I had bought for myself a few months earlier. A day I never thought I'd see, thousands of Phish 'Phans' filing into Red Rocks. Not just dreadlock-clad hippies, but people of many types were in attendance. Sitting in quiet anticipation in the general admission section, I overheard people sharing their stories of seeing Phish live, following them around the country, comparing favorite shows. It was really a special vibe in the amphitheatre before the show.

8pm rolls around, the house

music cuts, and the stage lights turn on, and I shared a moment with everyone there, that we all thought might never happen: the four men from Vermont walking out on stage. A bit grayer than in the years before their hiatus, they sauntered onto that glorious stage and immediately began "Divided Sky," a song with special meaning for them, as well as myself. It was the first song they had played during their first trip to Red Rocks many years ago, and it would kick off their four-night return to the venue. It was also the song that I listened to on my way to the airport to fly out to Denver to begin my college experience, and has reminded me of that milestone experience ever since. I don't think they could have picked a better song with which to begin.

The first set was full of grooves and jams that kept the crowd up on their feet, doing whatever sort of dance that they do. The standout song would be "Stash," technically complex and they didn't skip a beat. The set ended with the funky and upbeat "Possum." The first set left me thinking, "This is

awesome, but could it get better?"

The second set was the perfect compliment to the first. More songs with long, composed instrumentals, and a few softer tunes gave the show a little room to breathe after the almost non-stop barrage of groovy jams from the first set. The set began with Trey Anastasio introducing bassist Mike Gordon, who had walked on stage later than the rest, only to turn around and walk back off stage, only to be introduced for a second time, which led perfectly into none other than "Mike's Song" and "I am Hydrogen." The set ended with four songs in a row that find themselves on my 'favorite-Phish-song list.' "Limb by Limb," a classic. "Billy Breathes" was next. I didn't know they ever played this one live, and I had always been curious as to how it would sound. It did not disappoint one bit. A song that I had spent a multitude of hours trying to learn on the guitar, I couldn't have been more pleased to hear them perform it live. "The Squirming Coil" with Page McConnell's lovely piano solo was followed by "David Bowie" to end the set. The encore was Phish's cover of the

Rolling Stone's "Loving Cup." Not a song I was familiar with, but it sounded great, and I doubt many were unhappy with the evening.

Day one was unbelievable and unforgettable. A perfect night of music with my favorite band in an incredible venue. Day two was a different story. The beauty of Red Rocks comes with a price; to have an outdoor venue, one cannot have a roof over their head. And when the tickets say "an all-weather event," they do mean all weather. In the middle of the first set came an unwelcome performance of one of the band's new songs "Time Turns Elastic." An incredibly long piece, it left the crowd a bit confused as to what it was and why they had never heard it before. A delightful as ever performance of McConnell's "Lawn Boy" followed, 'as a thin veil of clouds' turned into a torrential downpour as the sky broke open and the rain came pouring down.

See Phish on page 2



## Phish from previous page

The jam got more bizarre as the rain came down harder and harder, eventually forcing them to stop for an hour and wait for the stage to dry.

The second set and encore contained few songs I was familiar with. I wasn't surprised that happened, due to their large song library, but I would have liked to hear more of my favorites. The song that stood out

most of the night was a cover of the Beatles' "A Day in the Life." Completely unexpected, and a bit refreshing.

Song choice is just a result of the fact that they don't like to repeat songs from set to set, and I'll give them credit for that. I couldn't imagine seeing the band at a venue other than Red Rocks. Seeing the beautiful rock for-

mations next to the fascinating light show of the 'fifth band member' Chris Kuroda, was a feast for the eyes and ears alike. All in all, I had a blast seeing the band in person. A night I thought I'd never see became two nights I may never forget. I had seen Trey Anastasio twice on his solo projects, and was always left feeling like something from the show was missing,

and what was missing was the three other men, who together, became one of the most successful touring bands in history. McConnell, Anastasio, Gordon and Fishman; four men who look nothing more than average Joes from the Northeast, put on a show to which nothing can compare.

## Thank you to everyone who helped save lives through blood donations recently!



Photos by Derek Mason

Freshmen Luke O'Connor (left) and Tracy Goettsch (right) and sophomore Amy Johnston (middle) participating in the blood drive last week in the Student Center.

## Regis student speaks out at political rally

**Michael DeGregori**  
Staff Reporter

On Saturday, Sept. 19, Regis sophomore Jimmy Sengenberger spoke at the Denver Capitol steps for the Save Our Constitution Rally, held by the Council for Wise Public Policy. Sengenberger was one of eight speakers at the rally, including John Andrews, the former President of the Colorado Senate and Pastor Gino Geraci, founding Pastor of the non-denomination church Calvary South Denver. The Save Our Constitution Rally was held in order to celebrate the creation of the United States Constitution and protest what the participant's views as recent infringements upon the liberties it guarantees to its citizenry.

Speakers at the rally covered a wide range of issues in their speeches. Sean Doherty, founder and publisher of The Constitutional Reporter, spoke of the First Amendment and his personal experience regarding it when he was attempting to distribute his newspaper at the CU Denver campus, and Pastor Geraci spoke on the role of religion and God in our country and where people's

inherent rights come from. Other speakers covered things such as gun rights and the necessity of an armed citizenry and the dangers of inaction and compliance. Jimmy's speech centered on the mounting national debt and the threat that he believed it posed for America's future. "The president and Congress need to wake up and smell the coffee," Jimmy said in his speech "The current trajectory is unsustainable. And unfortunately, the ball will now be in my generation's court."

Dan Griffiths, the organizer of the rally, echoed Jimmy's sentiment on the dangers of a high national debt in an interview after the rally. "The national debt affects our pursuit of happiness," he said, going on to say that increased taxation was "inevitable". In his speech Jimmy framed the issue of the nation's debt not as an economic or financial issue but a moral one, warning that future generations will have to pay for the spending of the current generation.

Jimmy's speech sharply criticized the current and previous presidential administrations for what he viewed as irresponsible and dangerous amounts of government spending. "While

President Obama deserves much criticism for his spending direction," Jimmy said in his speech "we cannot leave out the previous 8 years of fiscal disservice of the supposedly conservative Bush Administration." Jimmy went on to compare George W. Bush to presidents Herbert Hoover and Lyndon Johnson.

Jimmy also criticized current policies enacted and proposed by the Obama administration, criticizing the stimulus package as "ineffective" and warning of the massive increase in national debt that the proposed healthcare overhaul would bring. "President Obama has already increased government spending to the point at which we will, his own White House estimates, take on yet another \$9 trillion in debt over the course of the next 10 years,"

This is not the first time that Jimmy Sengenberger has taken an active role in politics. He first became interested in political issues after a conversation with his grandfather while listening to talk radio. He began attending Republican breakfast meetings on a regular basis, and helped campaign for conservative candidates in 2004, 2006

and 2008 elections. Sengenberger is currently the Chair of the Regis College Republicans and also hosts a two-hour political talk radio show, which airs every Thursday on KRCX. Jimmy will also regularly contribute to websites and newspapers such as Regis' Highlander and BackboneAmerica.net.

"I think that the number one threat to the constitution and the Bill of Rights isn't Obama, but ignorance and apathy," Jimmy said in an interview, "Far too many Americans, young and old, don't even know the basic and essential facts and rights guaranteed in the Constitution, and far too many do not care to know about these documents, or about the issues of the day." When asked who he viewed as a great example of what a politician and leader should be, Jimmy pointed toward Ronald Reagan. "Reagan was a forceful advocate for liberty both at home and abroad, never yielding in the fight for freedom from tyranny in the Soviet Union, nor from his faith in the individual's ability to bring prosperity to a nation."



Sick of all the music on your mp3 player? Can't decide on a movie to see this weekend? Highlander staff to the rescue! Luke and Bobby weigh in on the hot new music and movies you have got to know about

## What does Luke think... "Zombie kill of the week?"

**Luke Curtis**  
Staff Reporter

As college students, we're all constantly going full speed with class, extracurricular activities and the undue pressure that accompanies both. Every now and again, we need to rest our brains—and given that most of us don't get anywhere near the amount of sleep that we should, I have a solution. *Zombieland*!

Ruben Fleischer's debut film is an action-packed "zom-com" where destroying zombies isn't just a means of survival—it's entertainment. The story follows Columbus (Jesse Eisenberg) and Tallahassee (Woody Harrelson) as they reluctantly trek across the United States of *Zombieland* looking for what's left of civilization. They join forces with Wichita (Emma Stone) and Little Rock (Abigail

Breslin) and head for a supposedly "zombie-free" amusement park in L.A.

The refreshing aspect of *Zombieland* is that it doesn't take itself too seriously. The movie doesn't abide by a moral dilemma, rather it abides more to the rules of *Zombieland* which are artfully represented throughout the film. It's gruesome qualities are also so over the top that rather than being disgusting, you find yourself laughing uncontrollably at the zombies being whacked with banjos or being crushed by amusement rides.

*Zombieland* is an absolutely fun movie where you can sit back and truly enjoy the ride. Also, keep your eye out for a cameo that happens to relate directly to Regis University—you'll know it when you see it.

"What do you think...Zombie kill of the week?" 4 out of 5 stars.

## Blair Witch equivalent?

**Luke Curtis**  
Staff Reporter

The last time I was too scared to fall asleep was in 1999. I watched a little movie called "The Blair Witch Project" and subsequently found myself in my parent's bedroom that night. I remember being frozen solid, not wanting to look out of bed for the fear of the Blair Witch standing in the doorway.

Fast forward to 2009—I'm too scared to fall asleep, however now my parents are a thousand miles away, and I'm once again frozen solid in fear. Two words—*Paranormal Activity*.

This movie chronicles the lives of a young couple who have been the victims of strange occurrences. Katie (Katie Featherston) has been hearing strange whispers during the night, along with creaks and groans around the house. Her boyfriend Micah (Micah Sloat) decides to investigate by using a digital camera while both are sleeping (things tend to happen to Katie when she's asleep). The audience watches as the camera records them sleeping—and something else stirring in the house.

What makes this movie work on an absolutely frightening level is it's lack of hyperactive camera movement. Instead of getting a glimpse of a monster for a split second during a quick turn of the camera, the audience is tensely dragged through an absolute stillness in the house, through the stillness of the camera—until something happens. Each time the film resorts back to the still bedroom footage, the tension builds higher and higher, to the point where it is nearly unbearable and you are frozen in fear.

I left the theater absolutely dumbfounded by the film's creepiness, my roommate also having very little to say but rather a look on his face as if he had seen a ghost. A film with this tremendous power to frighten, shot over a mere seven days with an \$11,000 budget, is a must-see. Let me repeat—you must see this. It will chill you to the bone, but what an amazing cinematic experience it proved to be.

5 out of 5 stars.

*Did you see any good movies over the weekend?  
Listen to any good music? Write a review and have  
it published in the highlander!  
Email your review to: highlandersubs@gmail.com*

## From the speakers to the page

**Bobby Guerrero**  
Staff Reporter



**Cotton Jones Paranoid Cocoon**

Some pleasant, easy listening goes a long way. A nice song with soft vocals, a lullaby rhythm, and a sweet melody go a long way in terms of soothin' the soul.

These days, when I'm looking to do a little soothin' of the soul, my thumb nearly always manages to find Cotton Jones in my iPod. Mike Nau and Whitney McGraw, who together form Cotton Jones, create a dreamlike state through their music that invokes images of the creeks running through Appalachians in their home state of Maryland. Or maybe something less specific. But the music no doubt brings on a general feeling of peace and quiet.

After a few months of keeping them all to myself, I've finally seen the duo earn their due acknowledgement. After playing this year's Monolith Festival, they've received some pretty

rave reviews. After being featured by her in a Monday Music Roundup back in March, Miss Browne over at I am fuel, you are friends gave them some love after Monolith and completely agreed, Cotton Jones is great! They are also currently a featured artist at Gigbot.com.

This is a great band that definitely deserves a listen. Get some tracks, throw it in your music library, and listen constantly.

### The Dodos Time to Die

"Time to Die" is the new album from California natives The Dodos. For their previous albums, the band was a simple duo combining just acoustic (Meric Long) and percussion (Logan Kroeber) with great rhythms. For the new record, they added a new guy to the mix with Joe Haener on the vibraphone.

"Time to Die" keeps with the Dodos trend of a simple combination of instruments with complex rhythms. The first single from the album, "Fables," is easy to tap your toe and bob your head to. "Troll Nacht" is another stand out from the album with a similarly easy-going and uplifting sound, but at the same time more wistful sounding vocals.

### Sole and the Skyriders Band Plastique

Sole and the Skyriders Band are a group with something to say. MC Sole leads the pack of three in this rap/indie rock group. The new album "Plastique" touches on social issues inspired by a Walden-esque retreat to a cabin in Coconino National Forest.

From race issues to nature to the media, Sole and the Skyriders Band address it on the new album.

Officially, the album drops on the 13th of this month. If social hip-hop is something you enjoy, give it a listen.

"Sole's most cohesive, dynamic, listenable and interesting record to date."

### Rubik Dada Bandits

Arvi Hasu, Samuli Poyhonen, Artturi Taira, Sampsa Vaatainen, and Lauri Hiekkala are Rubik. The six-piece (and often more) hails from Finland where in recent years a single or two has made it to the top ten on Finnish charts (which are usually dominated by heavy metal). After touring for about a year after their first album, Rubik went back to the studio in June 2008 to start work on their sophomore album. Dada Bandits was released on April 1st of this year in Finland and just earlier this month in the U.S.

Dada Bandits is a great indie pop/rock album that is all over the place and that's a good thing. With the new album, Rubik has garnered comparisons to Animal Collective, Mew, Radiohead, and other more technical centric bands.

### The Mumlers Don't Throw Me Away

The Mumlers are a six piece band hailing from San Jose, California. Including nearly everything in their arsenal of instruments (from french horns and stand-up basses to the guitar and clarinet), the band creates a unique sound that takes one on a ride through blues, jazz, soul, indie rock,

and garage rock in their newest album "Don't Throw Me Away". This album follows nicely in the footsteps of their debut album, 2003's "Thickets and Stitches".

The Mumlers are currently touring the U.S. (and unfortunately skipping Colorado) with the Black Heart Percussion.

### Young Coyotes Basement and Exhale

Denver has a GREAT music scene. It's no NY, LA, Seattle, or even Austin, but it's catching up. There's local talent playing their hearts out everywhere you look. God knows why so few of these guys get national air time. The Young Coyotes are a duo that have been together making music since April 2008. With Adam Halferty on vocals and guitar and Zach Tipton playing drums and also singing, the Young Coyotes are reppin' Denver to the fullest with their two great EPs, "Basement" and "Exhale." The two albums offer the best of Denver with a great indie rock sound. The fact that they only regularly use a guitar and a drum set in their music forces the music to rely heavily (and rather successfully) on the simpler aspects, such as vocals and rhythm. And the howling "ooo oohs" remind you that "yes, we actually are coyotes."

For all these reasons, the Young Coyotes were named Best New Band of 2009 by Westword have ensured the band's loyal following in the Denver music scene.



# Soul Food Anyone?

Derek Mason  
Staff Reporter

Before I went to the Black Student Alliance (BSA) meeting, I was rather ignorant about what "soul food" was, and to be honest, I didn't think that the term "soul food" carried any real meaning. I thought that it was just a catchy title for their event. I was mistaken. I was told by Reneese, who is a member of BSA, that the term "soul food" actually began to become widely popular during the Civil Rights Movement in the '60s, with deeper roots tracing back to slave families. Soul food is a humble cuisine, often seasoned with pork and fried in lard.

The food wasn't the only thing that was humble though; the people attending the BSA meeting were all humble and very friendly. After everyone had filled their plates with soul food (which consisted of mac'n'cheese, yams, cornbread, fried chicken, and a very tasty banana-cobbler-type dessert), everyone introduced themselves, where they were from, and what dish they most enjoyed that reflected their family's culture. Later, after everyone had finished dinner, upcoming announce-



PHOTO BY Derek Mason

Students gather at a soul food dinner to discuss another year of BSA meetings.

ments were made and the movie *The Soloist* was played (FYI, BSA needs someone to design a logo for them!

Prizes will be given out! Find out more through BSA.)

The air about the meeting was filled

with laughter, joy, and of course soul.

## The Forgotten King of the Blues: Freddie "The Texas Cannonball" King

Jimmy Sengenberger  
Perspectives Editor

Be If you're ever asked to name a famous bluesman, chances are you'd answer B.B. King, the man who has had a reputation, going way back to the 1960's, for being known as the "King of the Blues." But B.B. wasn't the only influential bluesman to bear the last name "King" and share in the title.

such greats as Muddy Waters, T-Bone Walker and Howlin' Wolf, experiences inspiring him to lead his own career as a blues guitar player, starting as a sit-in for many of Chicago's influential bluesmen. Like blues guitarist Jimmy Rodgers, Freddie was unique in playing with a plastic thumb pick and a metal pick on his index finger.

At age 18, working in a steel mill by day and playing gigs at night, Freddie

E that served as one of his most successful hits and drove him to #29 on the U.S. pop chart. The song was purely instrumental and included no words whatsoever.

"They expect work, they does, hard work. And if you're working hard and enjoyin' it, they'll enjoy it too," he once said.

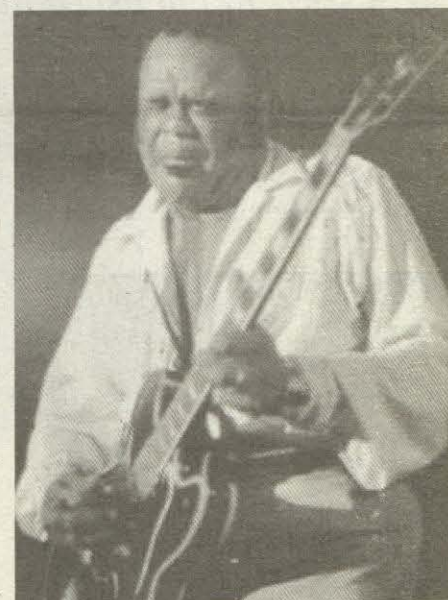
After the success of "Hide Away," Freddie recorded a series of other instrumental songs, including "San-Ho-Zay," helping to drive up his popularity with young whites in a time when the Civil Rights era was burgeoning in the United States. He went on to record with such R&B legends as James Brown and Sam Cooke and found fame and a new, bigger record deal after several appearances on the R&B show "The Beat."

"Freddie King is another bluesman whose work deserves more recognition," Harvey Pekar noted in the *Down Beat Review* in 1969. "His playing has something in common with B.B. King's, but he is obviously his own man. King is a fine technician and his playing swings more than most blues guitarists."

Freddie's popularity grew astoundingly in Britain, so much so that when he toured Europe in 1967, he extended what was originally supposed to be a one-month tour to a three-month excursion. It was in Britain that he was picked up by the likes of Clapton, on whom his influence was substantial. His first album with RSO, Clapton's label, in 1974 even had Clapton as producer and sitting in on some of the songs.

Clapton even went on to cover Freddie's hit "I'm Tore Down," bringing it to the top charts for the second time. The first was Freddie himself.

Every concert he had, King always tried to work in the audience. "Can you feel it?" he often asked once, twice, even three times until he was satisfied with the loud reaction. He toured heavily on through 1976, when,



after sustaining some heart problems, he finally died of heart failure on December 28. His music and influence has lived long past his death at the young age of 42, appearing through such famous guitarists as Vaughan and his older brother, Jimmie, Eric Clapton and the young contemporary blues rocker, Kenny Wayne Shepherd.

"I would love to have played with Freddie King," Keith Richards, guitarist for the Rolling Stones, once remarked. "I kind of understand the way he died, I kind of recognized in Freddie King a similar spirit. He had too much energy to burn and was trying to calm down after a high and just calmed down too much."

Every time he picked up the guitar and let it rip, Freddie King was sure to make it so that the listener could feel his music. With fast-paced yet soul-wrenching licks and heart-pounding rhythms, Freddie, the 25th Greatest Guitarist of All Time according to *Rolling Stone* magazine, always gave fans and guitar aficionados something to enjoy.



Albert King, who died in 1992, is one. But there is another—the forgotten Freddie King.

Frederick Christian, known as Freddie "The Texas Cannonball" King, was born on September 3, 1934 in Gilmer, Texas. He began learning guitar from his mother and uncle at the young age of 6, and when his family moved to the southside of Chicago at 16, Freddie eagerly snuck into local blues clubs to listen to some future legends in person.

There he witnessed first-hands

married Texan Jessie Burnett, with whom he had a total of 10 children. His music career got off to a relatively slow start as he recorded with smaller, local record companies throughout the 1950's until when, in 1960, he signed with the King/Federal label.

There Freddie recorded two of his most famous songs for the first time: "Have You Ever Loved a Woman," an emotional song immersed in powerful guitar licks and covered by the likes of Eric Clapton, and "Hide Away," a mid-tempo blues shuffle in the key of



# Best of Colorado takes a trip to Cirque du Soleil

Derek Mason  
Staff Reporter

The night has a crisp and clean feel to it; cold, yet pleasant. I could see fifty stars instead of the usual ten, and for Denver, that's great. A perfect night for the Best of Colorado club to visit the magnificent, traveling circus show based out of Quebec, Canada known as Cirque du Soleil (French for "Circus of the Sun"). Upon arriving to the Grand Chapiteau ("Big Top"), I could not help but feel a certain magic in the air. The yellow and blue tarps towering toward the stars and the flags of many different nationalities (I'm assuming they

were there to represent where the performers were from) created a majestic present that you wouldn't be able to find anywhere else in the city.

As I entered the Grand Chapiteau, the cold air that clung to my skin outside evaporated but the magical feeling did not, to my delight. If anything, the magical aura only increased exponentially as I found myself in the world of the French Canadian circus.

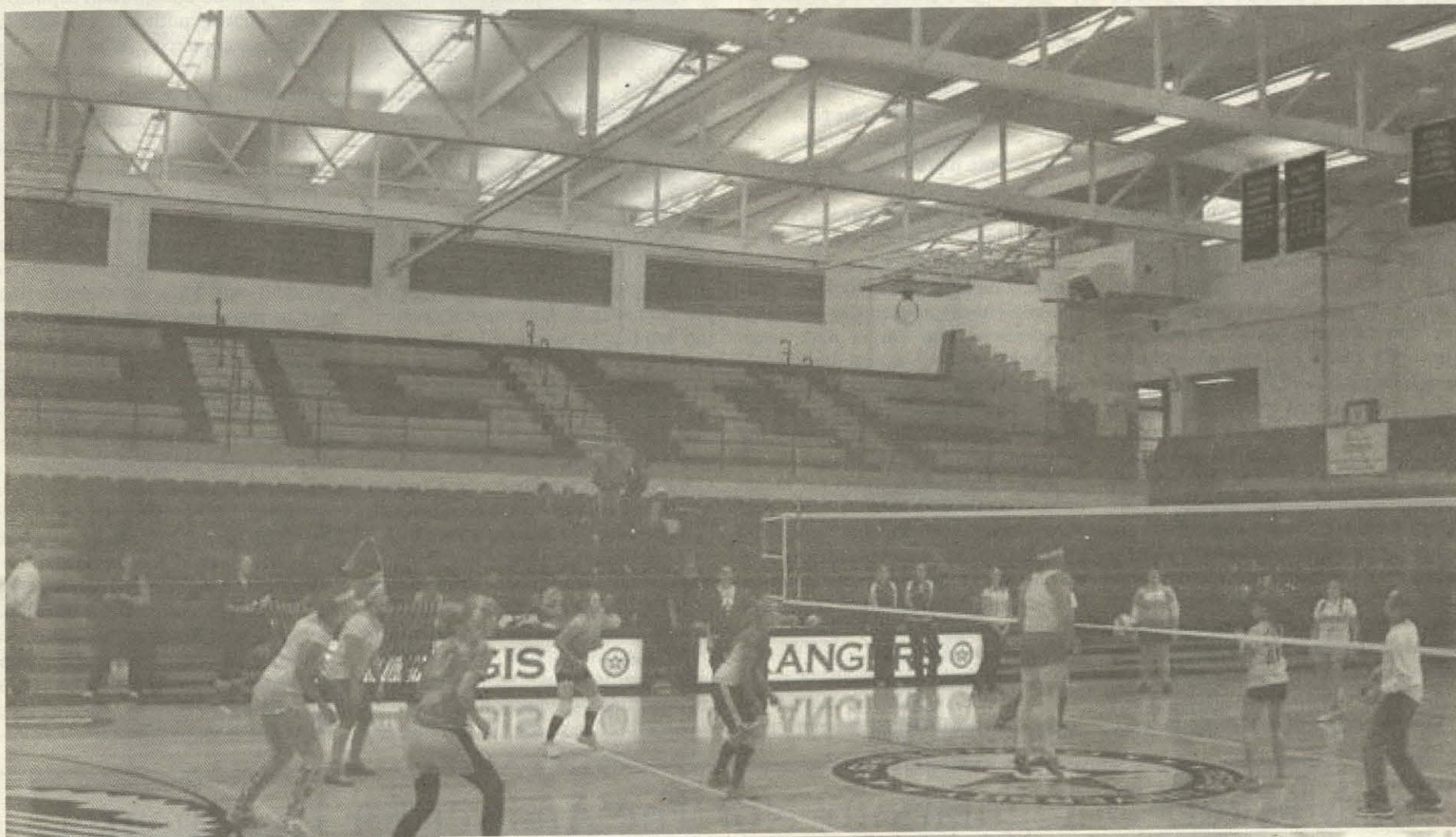
Growing up, I absolutely hated the circus. I hated the clowns (I am still terrified of clowns), I felt bad for the animals (still do), and the whole aura for me was just left a bad taste in my mouth. Consequently, I haven't been

to a circus since I was little and didn't think that I would ever return; yet, Cirque du Soleil gave away a welcoming, cozy feel, albeit a semi-bizarre feel, but a more welcoming feel nonetheless.

I found my seat, and I was quite excited, especially by the French Canadian culture present within the Grand Chapiteau (my good friend and Uncle Roland is French Canadian). As the lights dimmed, the music played and a dream-like aura permeated throughout the crowd. The story this time was entitled Kooza and it was quite entertaining. I laughed, I gasped, I cried (not really). The story was

enchanting and I cannot stress enough how talented the performers are! They are extremely good at what they do and they captivate you with every movement that they make. If you haven't seen any Cirque du Soleil performance or you have but are not too sure about seeing Kooza, I highly recommend going – and this is coming from someone who has despised circuses his whole life, until now.

Go. Lose yourself in the culture, the story, and the dream. La Rêve Continue!



Hall Brawl photo recap





# The Capitalist Manifesto for Healthcare Reform: Part One

**Jimmy Sengenberger**  
Perspectives Editor

President Obama is right. When it comes to healthcare, the status quo is unacceptable. Too many people are without access to affordable health coverage, and millions of people are uninsured through no fault of their own. We need change. But his government answer is not the way to go.

Capitalism has been the engine of prosperity for this country going back to its founding. As such, I am now proposing that Congress and the President consider the "Capitalist Manifesto for Healthcare Reform," several specific, free-market fixes for the healthcare problem. The starting point must be increased competition—something else President Obama claims to favor.

**Put You in Control:** Big news! The government has started a program to make pizza more affordable for the average college student. As a result, college students will only have to pay 16% of the cost of pizza at night—the other 84% will be paid for by someone else. Now I know what you're thinking: party at my place every Friday night! And so other students do just that, buying pizza every Friday night. Why? Somebody else is paying.

But now imagine that Domino's is the only place you can go within 5 miles for pizza, and each night they can make a maximum of 100 pizzas. Demand is going up, because someone else is doing the paying, but the supply remains constant. As everybody knows, when demand rises and supply stays stagnant, prices inevitably go up, which in turn disadvantages those who pay directly, without the middleman—everyone who isn't a college student.

Sure, this is a pretty outlandish example, but the principles hold true. If someone else is putting up most of the cash for something people really want—or need—you're going to get it

more. You're not worried about the cost—someone else is paying. This is exactly what happens with healthcare.

Government regulation and policies have essentially mandated a third party-based system that forces the consumer to work through health insurance companies, HMO's, employers and other middlemen that pay the supplier. As in the pizza example, 84% of all personal healthcare spending is made through private health insurers, the government or other private outlays not directly from the patient.

Encouraging this system are tax exemptions for employer-provided health insurance that the millions of self-employed and small business owners and workers who pay on their own don't receive. Own a big business? Congrats—you get a nice little tax exemption for healthcare! Run that mom-and-pop shop down the street, or your own home-based business? Tough. As Seinfeld's Soup Nazi would put it, "No tax exclusion for you!"

These incentives, policies and regulations put in place by the government, in large part due to the federal tax code, do nothing more than exacerbate the problem. Because of the third party-payer system, health providers aren't competing for individual consumers—they're contending for large corporations like Target and Cisco. The problem here is that individuals are separated from the cost, driving up prices (premiums) and thus taking away decision-making authority of the patient.

Not a day goes by where car insurance companies like Geico and Progressive aren't competing on TV and radio over who provides the best service at the lowest price—competition absent from healthcare because of the third-party system. To fix this, the government must equalize the healthcare tax exemption across the board so that everyone, not just middlemen and big business, will benefit from it. That

means small businesses as well as individuals, all of whom will then be far more equipped to go out and find an affordable health insurance plan for themselves, their families and their employees—plans that are right for them.

We should also examine the other policies and regulations that encourage the third-party system. As a result of these decisive actions, costs will go down. Making these adjustments to the current system would open up the market to increased competition by allowing consumers to shop around on their own, decreasing costs substantially while maintaining high quality.

**Expand the Sphere of Competition:** In his recent speech to Congress on healthcare, President Obama acknowledged the extensive concentration of business in the health insurance industry. As he pointed out, "75 percent of the insurance market is controlled by five or fewer companies. In Alabama, almost 90 percent is controlled by just one company." While there are some issues with the calculation of these numbers, he is generally correct—the market is highly centralized and void of real competition. Another fundamental reason for this problem is again government-created: the inability to purchase health insurance plans across state lines.

Thanks to the 1945 McCarran-Ferguson Act, which allowed states to use licensing laws to prevent trade with insurers in other states, John in Colorado can't purchase a plan from a company licensed in Arizona; instead, he must buy a plan from a firm in his state. Health insurance is largely regulated by the states, which require that any healthcare plan an individual wishes to buy must comply with all of that state's regulations. This advantage both insurers and regulators in maintaining pseudo-monopolies in their respective states, in turn hurting

consumers, who have few lower-cost options available to them.

Congress should do what it is granted by the Constitution and mandate that every state recognize insurance licenses of other states. According to the CATO Institute, "Letting individuals and employers purchase health insurance from out of state could reduce the number of uninsured Americans by as many as 17 million, or one-third of the most-cited estimate of the number of uninsured." An individual state's regulations, as CATO points out, need not be changed and can be enforced in the other states.

But what about states' rights, you say? If ever there were an area where the feds can play a legitimate role, it's this. The Commerce Clause in Article I, Section 8 of the Constitution explicitly grants Congress authority to regulate interstate commerce. What was the biggest reason for this? States had established tariffs between other states under the Articles of Confederation—basically the same thing as these obstructionist regulations.

By asserting its rightful authority to break down barriers to insurance purchasing across state lines via repealing McCarran-Ferguson, Congress and the President will strike a considerable blow to insurance market concentration, truly boosting the "choice and competition" that Obama likes to talk up. If done alongside dismantling the third-party system, we will see costs begin to lower for everyone—all without a massive, trillion dollar government overhaul.

*This is the first in a series of columns proposing specific, free-market alternatives for healthcare. The next will center on empowering the individual. Jimmy hosts Regis's weekly Seng Center radio show every Thursday night from 6pm to 8pm on KRCX 93.9 and online at krcx.org. He can be reached at Jimmy@SengCenter.com.*

## The Market? Deregulation? Not The Answer for Healthcare!

**Corey Holton**  
News Editor

This article is intended to be a response to a recent piece, "For healthcare, there's a better prescription: the market" written by Mr. Jimmy Sengenberger. A conservative slant has befallen the Highlander as of late, and I believe it is imperative to give another perspective to the healthcare debate in order to maintain a healthy balance of views.

It is my belief that healthcare is a right, not a privilege. The poor and disenfranchised should not have to forgo needed medical treatment, nor should middle and upper class Americans have to foot the bill for unpaid medical expenses because our fellow citizens cannot afford to be insured.

One of the major claims made by Mr. Sengenberger in his article is that, "Our healthcare system contains the greatest innovations, the highest-quality care and some of the best doctors in the world." I and the Organization for Economic Co-operation and Development (OECD) would have to disagree. According to their 2009 health data, the United States falls short in delivering quality healthcare to its citizens. Of the thirty developed nations included in the data, the United States pays far more per capita

for healthcare than any other nation, including those with socialized or universal health care systems. We also have one of the lowest ratios of physicians to citizens. This is not to mention that we have one of the highest infant mortality rates, a very high incidence of obesity (known to lead to greater health problems) and one of the lowest life expectancies from birth. How is the market system going to change this?

The current healthcare system in the United States is profit based. This means that insurance companies are not in the business of providing excellent healthcare, they are in the business of minimizing the claims they have to pay and maximizing their profits. CEO's of insurance companies do not answer to government officials or even their customers, they answer to the board of directors and wealthy shareholders who want nothing more than to see additional money in their pockets. Injecting more freedom into the market of health insurance would not function to increase quality of care and decrease prices, it would encourage insurance companies to find new ways to drop customers and deny costly but needed treatments.

Many people are against socialized healthcare because they believe the government is inefficient and costly. The United States Postal

Service (USPS) is often criticized for this. In reality, they can deliver packages more reliably, while being faster and cheaper than the private parcel delivery companies. It was not until the government privatized the most profitable routes of USPS, and gave them to companies like UPS and FedEx that the Post Office began losing money.

Mr. Sengenberger also brings up the point that "Tax-free health savings accounts need to be expanded, thereby helping individuals to purchase their own health insurance or pull from a pool of money when they need to." This is a great idea... for the middle and upper class Americans who can afford to save money. What about the people who live paycheck to paycheck, the very Americans who do not have insurance now?

Another conservative argument is that state barriers need to be broken down in order to increase competition, which would in turn drive prices down. In reality, by allowing insurance companies to compete across state lines, it would encourage them to cut costs, at the expense of patient care, in order to remain competitive. That is what happens in a competitive, profit driven market.

As far as deregulating the insurance industry, look at what that did to the financial industry. Financial

companies took unnecessary risks to maximize profit, and ended up crippling the American economy and putting many people out of their homes and out of work. Is that really what we want for our insurance companies, free reign to make our healthcare system worse than it already is? They already arbitrarily drop sick customers and find ways to limit claim disbursements.

Free trade and deregulation does nothing more than put money in the hands of the corporate community. It encourages companies to cut costs to maximize profits. This might work for the consumer goods industry, but not for healthcare. I do not want a board of directors concerned only with making money to be making decisions about my health.

Socialized healthcare has the ability to provide excellent care at a minimum cost, just look at the data out there. Instead of being responsible to shareholders, it would have to answer to the citizens. The bottom line is that we can give insurance companies more freedom to make money while providing increasingly inadequate care, or we can do something to change how Americans get healthcare. The market is not the answer. Stay tuned to KRCX for an upcoming discussion on this issue Thursday.



## Women's soccer match with UC-Colorado Springs postponed

**Jeremy Phillips**  
Sports Information Director

Colorado Springs, Colo.: This past weekend's Regis and UC-Colorado Springs women's soccer match has been postponed due to poor playing conditions from the storm that blew through Colorado Saturday.

The field was coated with a layer of ice that was not melting in time and with the cloudy weather and the cold temperatures it wasn't going to get any better.

The coaches, officials and administrators decided to postpone the game due to the safety of the student-athletes. The match has been tentatively rescheduled for next Wednesday, October 21st with start time yet to be determined.

Regis will at Colorado Mines on Wednesday, October 14th at 3:30 p.m. Regis will also play at Metro State on Friday and host UC-Colorado Springs on Sunday.

The Rangers are in fourth place in the RMAC with 20 points trailing third place Fort Lewis with 22 points. Colorado Mines has 27 points, while Metro State leads the RMAC with 30 points.

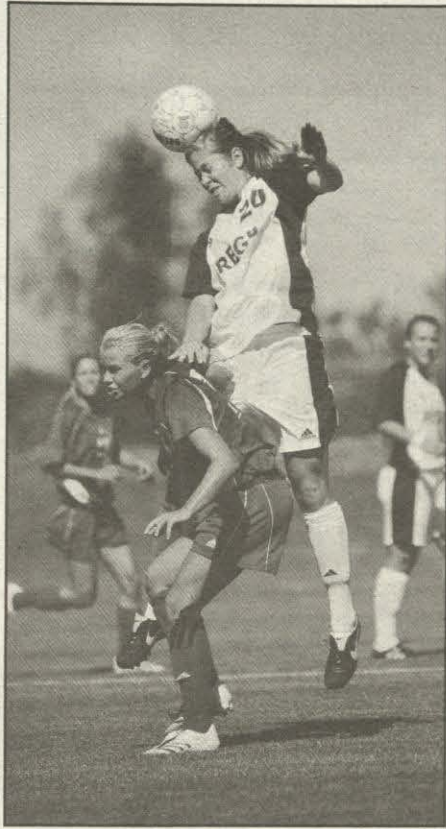


Photo by Brett Stakelin  
A past highlight from the Lady Rangers soccer team.

## Rangers in seventh place after Mines/Regis Fall Invitational

**Jeremy Phillips**  
Sports Information Director

Aurora, Colo.: The conditions were less than favorable at the Colorado Mines/Regis Fall Invitational which included a three-hour delay due to ice on the course and cold temperatures. Regis finished the first round, cut to just 18 holes due to the late start, in seventh place with a score of 304.

The cold weather didn't stop Johnson & Wales (Fla.) from shooting low today. Johnson & Wales shot a 289 with all five of their golfers shoot-

ing a 73 or better to lead after the first round.

Sophomore Robert Quick led the Rangers with a 2-over 74 (36-38) to tie for 13th. Junior Greg Johnson was one stroke behind (36-39) to tie for 19th. Junior Zach Johnson shot a 37 on the front nine and a 39 on the back nine to finish with a 4-over 76.

Sophomore Taylor Hulbert will start in 37th place after carding a 79. (39-40), while fellow sophomore Kyle Seery saw his first action of the season and shot a 90 (43-47) to tie for 70th.

## Women's golf trails Mesa State

**Jeremy Phillips**  
Sports Information Director

Grand Junction, Colo.: The Regis women's golf team finished up the first round of the Quality Inn Maverick Invitational in second place just five strokes behind host Mesa State. The tournament, being played at Tierra Rado Golf Course (71-5953) in Grand Junction, featured Regis, Mesa State, Adams State and Colorado Christian.

Freshman Lara Pocs and sophomore Alex Semanko paced the Rangers with identical 39 and 42 front and back nines for a total scored of 81.

They are tied for second with Mesa State golfer Jessica Berve.

Mesa State's Jennifer Hilts shot a 6-over 78 to lead the first round by three strokes. Hilts is coming off a first place finish at the Regis Invitational/RMAC #3 tournament last week.

Sophomore Haley Robinson shot a 44 on the front nine and rallied for a 38 on the back nine for fifth place with an 82. Junior Emily Einfeldt is in 15th place after round one with a 90 (48-42), while junior Kacee Harris finished off the scoring for Regis with a 99 (53-46) to sit in 20th place overall.

## Men's soccer and Metro State tie for second time in the last two weeks

**Jeremy Phillips**  
Sports Information Director

Denver, Colo.: Regis and Metro State have had some epic battles over the years, but the last two between the teams have been two for the ages. For the second time in two weeks the two teams battled to a tie, this time 2-2.

The Rangers (5-3-4, 3-1-4 RMAC) got on the board first when sophomore Kyle Emge scored his sixth goal of the season at the 17:50 mark.

Junior Nathan Kafer beat the Metro State (7-4-2, 4-2-2 RMAC) defense and then crossed it to Emge in the middle and slid the ball past the Roadrunner goal keeper.

13 minutes later Steven Emory of Metro tied the score at one on a shot from 30 yards away that went into the top right corner of the net.

Metro State and Regis came into the match ranked third and fourth in the NSCAA Central Region rankings respectively. The first half ended with a 1-1 tie after Regis did a great job of

defending the Roadrunners especially considering the fact that Metro State had five corner kicks compared to one for Regis.

Three minutes and 21 seconds into the second half senior James Copeland scored his third goal of the season as he took a deflection in the middle and put it past Metro State goalkeeper Dominique Griffith.

The two teams were in a stalemate until Metro State's Ryan Baker tied the game on yet another corner kick for Metro State, 10 total for the

game, with 17:16 left in the game.

Metro State outshot the Rangers 4-2 in the overtime periods but both of the Rangers shots were on goal compared to just one for Metro State.

Senior Wally Fink had another fine performance in goal allowing just two goals while making seven saves.

Regis remains in fourth place in the RMAC just one point behind Metro State and three clear of UC-Colorado Springs.

## Rangers rebound from loss to Mesa State with 3-2 defeat of Fort Lewis

**Jeremy Phillips**  
Sports Information Director

Denver, Colo.: A tale of teams was the story for the Regis Rangers volleyball team. Regis dropped the first set to Fort Lewis in Rocky Mountain Athletic Conference in a manner not consistent with the Rangers over the past eight games. Regis, however, responded and defeated the Skyhawks 3-2.

Regis (10-8, 8-2 RMAC) lost the first set 25-20 after hitting just -.022 with 11 errors and 10 kills. They responded in the second set with a 25-14 win after getting 12 kills and just one error and hitting .289 compared to .021 for Fort Lewis (4-15, 2-9 RMAC).

Fort Lewis took the third set by a score of 25-20 and then Regis came back to take the fourth set 25-23. Regis scored 20 of their 25 points in the fourth set off of kills.

Regis then turned up the heat as they took it to the Skyhawks 15-5 and had nine kills with no errors for a .529 hitting percentage.

Regis finished with a .201 attack percentage which is considerable considering they hit -.029 for the first set.

Three Rangers were in double figure in kills with junior All-American Jessica Howe with 18 kills. Howe had just two kills in set one and 16 in the final four. Sophomore Lyz Kann posted a career-high with 14 kills and also registered a season-high seven blocks. Junior Kerry Grady chipped in with 11 kills.

Two freshman, Jordan Hughes and Catilin McDonnell had good games offensively. Hughes had a career-high nine kills and also got eight digs. McDonnell also had nine kills and had a career-high nine digs.

Junior setter Devin Eckhardt had a season highs of 54 assists and 18 digs. Sophomore Cassidee Young had 15 digs, while freshman Katie Hudencial had 14.

Regis tallied 66 total kills, while Fort Lewis



Regis volleyball poses for the camera

Photo By: Brett Stakelin

had just 48. Regis had only one block after set one and then tallied 11 more in the next four sets.

Regis will head to the road for the next five matches including a three-game trip next weekend Thursday-Saturday beginning with Western State on Thursday night.



# COMMUNITY/CAMPUS EVENTS

**Wednesday, October 14**

**"Age of Stupid" Screening**

The Sustainability Committee, as part of RUSGA, will screen the film *The Age of Stupid* in the dining hall at 8 p.m.. The film covers issues of global climate change, offering a glimpse into what the future could be. Go to [youtube.com](http://youtube.com) for previews of the film.

**Thursday, October 15- October 26**

**"By Any Other Name"**

Visit the Dayton Memorial Library for the opening reception from 4:30 p.m. to 6:30 p.m. to meet the artists featured and get some free refreshments. The exhibit explores the effects of labels on the GLBTQ community.

**Friday, October 16**

**Farmers Market**

Come by the patio of the Student Center Friday from 10am to 2pm and buy some fresh, organic produce. Sponsored by Sodexo.

**Men's Soccer Game**

Men's soccer will be playing the University of Colorado at Colorado Springs Friday at 3:30pm. Come by the soccer field to support the Rangers!

**Sunday, October 18**

**Women's Soccer Game**

Regis Women's Soccer will be hosting the University of Colorado at Colorado Springs this weekend. The game begins at 1:00pm.

**Monday, October 19**

**CHOICES Drinking Lab**

The drinking lab will be held from 11:30am to 1:30pm in the Dining Hall to educate students on the hazards of excessive alcohol consumption. This event is sponsored by CHOICES.

**Tuesday, October 20**

**Meet the Industry**

Career Services is hosting a meet the industry night with Northwestern

Mutual. The event is at 5:30pm in the Student Center Faculty Lounge. If you plan on attending, register on CareerLink or call 303-458-3508.

**Wednesday, October 21**

**Rome Center**

Interested in studying abroad? Come by the Student Center lobby from 11:30am to 1:00pm to get information about study abroad opportunities in Rome

**Meet the Industry**

A representative from the GAO (US Government Accountability Office) will be on campus in the Adult Learning Center, Mountain View Room (ALC 112) at 4:00pm to discuss opportunities. Please RSVP with Career Services, as space is limited.

**Thursday, October 22**

**Music Club Meeting**

This Music Club here at Regis will be meeting in Loyola 15 at 3:15pm.

**Mi Gente Meeting**

The meeting will be held in West Hall room 137 from 6:00pm to 7:30pm.

**Black Student Alliance Meeting**

The meeting will be held at the same time as Mi Gente in West Hall room 137 at 6:00pm.

**Gatorade Pong**

Join several on campus organizations for a fundraiser on the quad from 3 to 7 p.m.. 64 teams will compete for a \$200 prize. The proceeds from this event will benefit the Make a Wish Foundation. Come cheer on the teams as they battle it out.

**Sunday, October 25**

**Men's Club Rugby**

Come support our Rugby team as they take on UNC. The game starts at 11:00am on the athletic fields.

## Ranger Rentals and Bike Shop

sponsored by the RUSGA  
Community Involvement Committee

For more information contact Student Activities at x3505

**Bike Shop Hours**

Mon: 3:30p.m. to 4:30p.m.

Tues: 9:00a.m. to 11:00a.m.

Wed: 3:30p.m. to 4:30p.m.

Thurs: Closed

Fri: 3:30p.m. to 5:30p.m.

## LATIN AMERICAN WINE TASTING AND SILENT AUCTION

TO BENEFIT THE 2009 SOA & IGNATIAN FAMILY TEACH-IN DELEGATION

**Date: Thursday, Oct. 29th**

**Time: 6:00pm-7:30pm**

**Place: Mt. View Room**

Join us in supporting the  
**2009 Regis University  
SOA Delegation**

The evening includes light appetizers, a variety of Latin American wines, and a silent auction including donations from many local businesses.



**-\$10 suggested donation-  
-RSVP suggested-**

For more information about  
the SOA or the Ignatian  
Solidarity Network, visit  
[www.ignatiansolidarity.net](http://www.ignatiansolidarity.net)

To reserve your spot contact Quinn Waller  
[qwaller@regis.edu](mailto:qwaller@regis.edu) or 303-964-3689

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